

800M

CHEERLEADING

VORTEX

HANDEL

TCHAIKOVSKY

PO LEUNG KUK

# SPORTS DAY

WEDNESDAY

24TH JANUARY

2023-2024

CHOI KAI YAU SCHOOL

CKY

MOZART

LONG JUMP

TRACK

HIGH JUMP

BETHOVEN



## **Schedule**

<b>Time</b>	<b>Events</b>
<b>08:00 – 08:25</b>	<b>Assemble on Sports Ground</b>
<b>08:25 – 09:00</b>	<b>Opening Ceremony:</b> <ul style="list-style-type: none"><li>• School Songs</li><li>• Welcome Speech</li><li>• Opening Race</li></ul>
<b>09:00 – 12:00</b>	<b>Student Events (A, B and C grade)</b>
<b>12:00 – 13:00</b>	<b>Lunch Time</b>
<b>13:00 – 15:00</b>	<b>Student Events (A, B and C grade) - Final</b>
<b>15:00 – 15:15</b>	<b>Inter House Parent-Teacher and Student Relay</b>
<b>15:15 – 15:30</b>	<b>Invitation Relay</b>
<b>15:30 – 15:45</b>	<b>House Cheering Competition</b>
<b>15:45 – 16:30</b>	<b>Prize Presentation &amp; Closing Ceremony</b>

### Track Events Timetable

<b>Time</b>	<b>Event</b>	<b>Track Events</b>
<b>9:00</b>	101	Boys Hurdles Open Finals
	102	Girls Hurdles Open Finals
	103	A Grade Boys: 400m
	104	B Grade Boys: 400m
	105	C Grade Boys: 400m
	106	C Grade Girls: 400m
	107	Boys 1500m Open Finals
	108	Girls 1500m Open Finals
<b>10:00</b>	109	A Grade Girls: 200m
	110	B Grade Boys: 200m
	111	B Grade Girls: 200m
	112	C Grade Boys: 200m
	113	C Grade Girls: 200m
	114	A Grade Boys: 100m
	115	A Grade Girls: 100m
	116	B Grade Boys: 100m
	117	B Grade Girls: 100m
<b>11:00</b>	118	C Grade Boys: 100m
	119	C Grade Girls: 100m
	120	A Grade Boys: 200m Final
	121	A Grade Girls: 200m Final
	122	B Grade Boys: 200m Final
	123	B Grade Girls 200m Final
	124	C Grade Boys: 200m Final
	125	C Grade Girls: 200m Final
<b>12:00 - 13:00</b>		<b>Lunch time</b>
<b>13:00</b>	126	A Grade Boys: 400m Final
	127	A Grade Girls: 400m Final
	128	B Grade Boys: 400m Final
	129	B Grade Girls: 400m Final
	130	C Grade Boys: 400m Final
	131	C Grade Girls: 400m Final
	132	A Grade Boys: 800m Final
	133	A Grade Girls: 800m Final
	134	B Grade Boys: 800m Final
	135	B Grade Girls: 800m Final
	136	C Grade Boys: 800m Final
137	C Grade Girl: 800m Final	
<b>14:00</b>	138	A Grade Boys: 100m Final
	139	A Grade Girls: 100m Final
	140	B Grade Boys: 100m Final
	141	B Grade Girls: 100m Final
	142	C Grade Boys: 100m Final
	143	C Grade Girls: 100m Final

<b>14:15</b>	144	A Grade Boys: 4 x 100m Inter-House Relay
	145	A Grade Girls: 4 x 100m Inter-House Relay
	146	B Grade Boys: 4 x 100m Inter-House Relay
	147	B Grade Girls: 4 x 100m Inter-House Relay
	148	C Grade Boys: 4 x 100m Inter-House Relay
	149	C Grade Girls: 4 x 100m Inter-House Relay
<b>15:00</b>	150	Parent-Teacher-Student House Relay
	151	Invitation Relay

### Field Events Timetable

<b>Time</b>	<b>Event</b>	<b>Field Events</b>
<b>9:00</b>	Event 201	A Grade Boys: Long Jump (Side A)
	Event 202	A Grade Girls: Long Jump (Side B)
	Event 203	B Grade Girls: Shot Put
	Event 204	C Grade Girls: High Jump
	Event 205	C Grade Girls: Vortex
<b>10:30</b>	Event 206	A Grade Girls: Shot Put
	Event 207	B Grade Boys: Long Jump (Side A)
	Event 208	B Grade Girls: Long Jump (Side B)
<b>11:00</b>	Event 209	B Grade Boys: High Jump
	Event 210	B Grade Girls: Discus
	Event 211	C Grade Girls Shot Put
	Event 212	B Grade Boys: Shot Put
<b>12:00 - 13:00</b>		<b>Lunch time</b>
<b>13:00</b>	Event 213	C Grade Girls: Long Jump (Side B)
	Event 214	C Grade Boys: Long Jump (Side A)
	Event 215	C Grade Boys: High Jump
	Event 216	C Grade Boys: Vortex
	Event 217	C Grade Boys: Shot Put
<b>13:30</b>	Event 218	B Grade Boys: Discus
<b>14:00</b>	Event 219	B Grade Girls: High Jump
	Event 220	A Grade Girls: High Jump
	Event 221	A Grade Boys: Shot Put
	Event 222	A Grade Boys: Discus
	Event 223	A Grade Girls: Discus
	Event 224	A Grade Boys: High Jump

## Records

Level	Event		Name	House	Class/Year	Record	
Open	1500m	Boys	Ray Leung	T	11A(18~19)	5:00.46	
		Girls	Chelsea Wong	H	9F(16~17)	6:08.00	
	100m Hurdles	Boys	Leo Lee	H	9D(14~15)	18.01	
		Girls	Jacqueline Lau	M	12B(18~19)	19.62	
A Grade	4 x100m Relay	Boys	Mozart		(18~19)	49.99	
		Girls	Mozart		(18~19)	1:02.73	
	100m	Boys	Anson Wu	T	11C(13~14)	11.73	
		Girls	Kelly Cheung	M	12B(17~18)	13.50	
	200m	Boys	Marvin Tong	M	11C(17~18)	24.81	
		Girls	Kelly Cheung	M	11B(16~17)	30.17	
	400m	Boys	Elden Ting	M	12B(22~23)	59.68	
		Girls	Maggie Tsui	H	11D(14~15)	1:12.76	
	800m	Boys	Kelvin Ho	M	12A(18~19)	2:19.84	
		Girls	Natalie Kan	B	11A(17~18)	3:07.88	
	High Jump	Boys	Edison Lau	T	12D(22~23)	1.64m	
		Girls	Katrina Chu	T	12E(18~19)	1.38m	
	Long Jump	Boys	Anson Wu	T	12C(14~15)	5m	
		Girls	Venus Lam	H	11E(17~18)	4.15m	
	Shot Put	Boys	Brian Cheng	H	12D(15~16)	10m	
		Girls	Natalie Ip	T	11C(12~13)	6.56m	
	Vortex	Boys	Alan Lam	B	11B(12~13)	52.1m	
		Girls	Breeze Lee	B	10C(12~13)	28.71m	
	Discus	Boys	Julius Lam	H	11B(17~18)	25.53m	
		Girls	Kelly Cheung	M	12B(17~18)	18.92m	
	B Grade	4 x100m Relay	Boys	Beethoven		(15~16)	51.48
			Girls	Beethoven		(16~17)	59.02
		100m	Boys	Marcus Wong	B	10A(15~16)	11.06
			Girls	Jana Juengst	M	10C(17~18)	14.09
200m		Boys	Anson Wu	T	10A(12~13)	24.91	
		Girls	Mia Lai	B	9C(16~17)	30.07	
400m		Boys	Brandon Ng	H	10A(18~19)	56.43	
		Girls	Alcina Leung	B	9E(16~17)	1:11.18	
800m		Boys	Kelvin Ho	M	9C(15~16)	2:28.00	
		Girls	Chelsea Wong	H	9F(16~17)	2:48.79	
High Jump		Boys	Marvin Tong	M	10D(16~17)	1.53m	
		Girls	Jane Yam	H	10A(12~13)	1.40m	
Long Jump		Boys	Anson Wu	T	9A(11~12)	5.32m	
		Girls	Yau Li	B	8F(18~19)	4.5m	
Shot Put		Boys	Jack Lam	B	10B(12~13)	12.73m	
		Girls	Denese Chu	T	10B(17~18)	8.15m	
Vortex		Boys	Alan Lam	B	10D(11~12)	54.8m	
		Girls	Pinky Li	B	10A(11~12)	45.6m	
Discus		Boys	Chris Leung	H	10B(14~15)	27.8m	
		Girls	Charis Fung	B	10A(16~17)	18.35m	

Level	Event		Name	House	Class/Year	Record
C Grade	4 x100m Relay	Boys	Handel		(11~12)	54.66
		Girls	Mozart		(16~17)	59.78
	100m	Boys	Dominic Chan	H	8A(11~12)	12.86
		Girls	Yau Li	B	7F(17~18)	14.06
	200m	Boys	Marvin Tong	M	8A(14~15)	25.96
		Girls	Meku Mak	T	8E(18~19)	30.35
	400m	Boys	Wesley Chan	B	7A(10~11)	1:04.05
		Girls	Mariah Cheung	M	7D(18~19)	1:06.52
	800m	Boys	Owen Wong	B	7F(22~23)	2:31.18
		Girls	May Kwok	M	7A(17~18)	2:56.65
	High Jump	Boys	Oscar Chan	B	8E(17~18)	1.47m
		Girls	Megan Shing	M	8B(18~19)	1.40m
	Long Jump	Boys	Carlson Chow	B	7F(18~19)	5.1m
		Girls	Yau Li	B	6F(16~17)	4.12m
	Shot Put	Boys	Andy Newman	/	8A(08~09)	9.34m
		Girls	Lillian Ip	B	9C(10~11)	6.93m
	Vortex	Boys	Ethan Kwok	B	8E(18~19)	56.20m
		Girls	Meku Mak	T	7B(17~18)	41.15m

## Scoring

1. All participants who **complete** the **individual event** earn **one point** for their respective house.
2. **Two marks** will be **deducted** from the house for each student who **signed up but failed to show up**. (Each house will be given 100 points as the basic score.)
3. For the winners who **broke the record**, an **additional 1 point** for the house.
4. For participants who went into the final round, the champion will get an additional 9 points, second place = 7, third = 6, fourth = 5, fifth = 4, sixth = 3, seventh = 2, eighth = 1.
5. All Relay matches are worth double points.

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual Event Points	9	7	6	5	4	3	2	1
Relay Points	18	14	12	10	8	6	4	2

There will be an overall champion in each grade and it will be decided by simply adding the total number of points accumulated in the student events. The House with the highest total score in each grade will be awarded a trophy at the end of the day.

Medals will be presented to the champion, first runner up and the second runner up of each event.



## General Rules

1) The first 8<sup>th</sup> place of the track events can go into the finals. Track events less than 8 runners can go into the finals directly.

2) Lanes of the finals of the track events are decided by the results of the heats as follows:

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Lane	3	4	5	6	7	2	1	8

3) Starting blocks are prohibited. Students can start their running with the crouch start or standing start.

4) Competitors entering in both **TRACK AND FIELD** events which start at the same or similar time, should report **FIRST** for the **TRACK** event and inform the marshal that they have also entered into the field event.

5) For the High Jump event, competitors can only re-enter the competition at the height from the round in progress. They are not allowed to jump at any previous height.

6) Long Jump and Vortex: Each student has 3 chances.

7) Shot put:

	Boys			Girls		
Grade	A	B	C	A	B	C
Weight	5kg	4kg	4kg	4kg	3kg	3kg

Each student has 3 attempts at throwing. They must throw continuously.

8) Discus:

	Boys	Girls	Boys	Girls
Grade	A	A	B	B
Weight	1.5kg	1kg	1kg	1kg

Each student has 3 attempts at throwing. They must throw continuously.

9) Relay:

The anchor leg should hand the baton to the official after the race. Throwing the baton is dangerous and any deliberate action shall cause **disqualification** of a team.

10) Students are **not allowed to** change their events with the others.

## Secondary Events

### Event 101 Boys Hurdles Open Final

Final 1			
Lane 1	12D	Nathan Kan	B
Lane 2	12A	Daniel Au	H
Lane 3	12B	Donald Kwok	B
Lane 4	12C	Bosco Liang	T
Lane 5	10C	Stitch Yu	B
Lane 6	12B	Ryan Lo	M
Lane 7	11C	Warren Yuen	H
Lane 8	12B	Marcus Wong	B

### Event 102 Girls Hurdles Open Final

Final 1			
Lane 1			
Lane 2			
Lane 3	11C	Jasmine Li	M
Lane 4	12D	Valerie Ng	H
Lane 5	12C	Ally Hui	M
Lane 6	10A	Charlotte Fan	B
Lane 7	10B	Sunnie Ho	M
Lane 8			

Final 2			
Lane 1			
Lane 2			
Lane 3	10D	Tammy Tse	H
Lane 4	11B	Bernice Leung	M
Lane 5	11A	Carena Chan	B
Lane 6	10B	Ashley Chiu	M
Lane 7	12D	Remie Cheng	T
Lane 8			

### Event 103 A Grade Boys: 400m (2 Heats)

Heat 1			
Lane 1			
Lane 2			
Lane 3	12A	Nicholas Yung	T
Lane 4	12E	Isaac Lau	M
Lane 5	11D	Bob Shen	H
Lane 6	12D	Nathan Kan	B
Lane 7	11B	Josh Leung	T
Lane 8			

Heat 2			
Lane 1			
Lane 2			
Lane 3	12C	Bosco Liang	T
Lane 4	12E	Ryan Yeung	H
Lane 5	12D	Ethan Tung	B
Lane 6	11D	Brian Young	M
Lane 7			
Lane 8			

### Event 104 B Grade Boys: 400m (2 Heats)

Heat 1			
Lane 1			
Lane 2			
Lane 3	10A	Torres Lau	M
Lane 4	9E	Max Ho	B
Lane 5	10D	Jayden Lai	H
Lane 6	10A	Ryan Koo	T
Lane 7	10C	Isaac Kan	B
Lane 8			

Heat 2			
Lane 1			
Lane 2			
Lane 3	10A	Henrik Mak	T
Lane 4	9D	Heiden Chen	B
Lane 5	10A	Marvin Lo	M
Lane 6	10A	Alvin Ng	B
Lane 7	8E	Leroy Tsang	T
Lane 8			

**Event 105 C Grade Boys: 400m (3 Heats)**

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Heat 1			
Lane 1			
Lane 2	6A	Kiefer So	M
Lane 3	8D	Ocean Tsoi	B
Lane 4	7D	Jeromy Tang	T
Lane 5	7E	Teddie Chan	B
Lane 6	8E	Clayton Yung	H
Lane 7	6C	Karson Lo	B
Lane 8			

Heat 2			
Lane 1			
Lane 2	7D	Jason Kwok	B
Lane 3	8E	Desmond Leung	T
Lane 4	6B	Eros Chan	M
Lane 5	7C	Jack Wong	B
Lane 6	8E	Ernest Law	H
Lane 7	7D	Linus Tse	T
Lane 8			

Heat 3			
Lane 1			
Lane 2			
Lane 3	8E	Ethan Chang	B
Lane 4	6E	Eugene Lee	M
Lane 5	7A	Isaac Wong	H
Lane 6	8E	Julius Ho	T
Lane 7	7D	Zachary Shusterman	B
Lane 8			

**Event 106 C Grade Girls: 400m (2 Heats)**

Heat 1			
Lane 1			
Lane 2			
Lane 3	7E	Katrina Wong	H
Lane 4	6B	Yoyo Yang	M
Lane 5	7F	Bonuss Lam	H
Lane 6	7A	Ashley Chan	T
Lane 7	8E	Adeline Wong	H
Lane 8			

Heat 2			
Lane 1			
Lane 2			
Lane 3	7B	Raven Sit	H
Lane 4	6C	Dahlia Tse	T
Lane 5	7D	Emma Lo	M
Lane 6	8E	Katie Ma	B
Lane 7	7C	Adele Yu	H
Lane 8			

**Event 107 Boys 1500m Open Finals**

Final 1			
1	6A	Kiefer So	M
2	6B	Aiden Chan	H
3	7A	Jason Siu	H
4	7D	Zachary Shusterman	B
5	8C	Moris Hun	B
6	10A	Alroy Tsang	T
7	10B	Daniel Cheung	H
8	11A	Cato Choi	B
9	11B	Julius Ng	M
10	11C	Bobby Lui	M
11	12A	Yat Fung Wong	B
12	12B	Anson Lam	M
13	12D	Hilton Chan	T
14	12E	Christian Lau	H

Final 2			
1	6B	Jacob Chan	M
2	6F	Harley Chan	B
3	7A	Clayton Wong	B
4	9D	Heiden Chen	B
5	9E	Carson Hung	T
6	10D	Jayden Lai	H
7	11A	Isaac Ho	M
8	11B	Josh Leung	T
9	11C	Charlie Yang	M
10	11D	Bob Shen	H
11	12A	Clement Tsang	H
12	12B	Trevor Dao	T
13	12B	Alex Chou	B
14	12E	Isaac Lau	M

**Event 107 Boys 1500m Open Finals (To be continued)**

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Final 3			
1	6C	Jayden Sit	B
2	6E	Nicholas Chan	T
3	8B	Owen Wong	B
4	8C	Aiden Yeung	H
5	10B	Samuel Kwan	T
6	11A	Ian Tse	M
7	11A	Ivan Kwok	B
8	11D	Saad Nadeem	H
9	12A	Nicholas Yung	T
10	12C	Gabriel Cheng	M
11	12D	Ethan Tung	B
12	12D	Joshua Lau	M
13	12E	Ryan Yeung	H

**Event 108 Girls 1500m Open Finals**

Final 1			
1	6D	Audrey Sun	T
2	6E	Celine Ho	B
3	11A	Scarlet Hun	B
4	11B	Andrea Lau	H
5	11B	Jasmine Ho	T
6	11C	Cindy Wong	T
7	11C	Hailey Ip	T
8	12A	Cheyenne So	H
9	12A	Keely Ho	B
10	12B	Emily Wong	M
11	12B	Hannah Leung	H
12	12C	Bernice Ma	H
13	12C	Ingrid Chan	B
14	12D	Katie Ho	H
15	12D	Anson Lam YY	T
16	12E	Trinity Lee	B
17	12E	Nicole Tsang	H
18	12E	Daisy Wong	H

Final 2			
1	6B	Janis Chim	B
2	6D	Charlotte Cheung	T
3	7A	Tara Lai	B
4	10C	Chelsea Chung	H
5	11B	Miriam Ho	B
6	11C	Chloe Leung	T
7	11C	Jovy Sze	H
8	11D	Aerin Lau	T
9	11D	Rachel So	T
10	12A	Ingrid Leung	H
11	12B	Valerie Cheung	H
12	12B	Michelle Lee	H
13	12B	Karis Tse	M
14	12B	Siena Tam	T
15	12B	Portia Au Yeung	B
16	12D	Athena Wong	T
17	12D	Alicia Lin	B
18	12D	Claudia Cheuk	H

**Event 109 A Grade Girls: 200m (2 Heats)**

Heat 1			
Lane 1			
Lane 2	12A	Dorothy Lo	M
Lane 3	12E	Emily Hui	T
Lane 4	12A	Samantha Yeung	B
Lane 5	12B	Karis Tse	M
Lane 6	12D	Remie Cheng	T
Lane 7	11B	Arrabella Chan	H
Lane 8	11C	Annette Young	M

Heat 2			
Lane 1			
Lane 2	12B	Hannah Leung	H
Lane 3	12C	Ally Hui	M
Lane 4	11C	Keira Choy	T
Lane 5	11A	Chelsea Wong	H
Lane 6	12B	Emily Wong	M
Lane 7	11A	Carena Chan	B
Lane 8			

**Event 110 B Grade Boys: 200m (3 Heats)**

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Heat 1			
Lane 1			
Lane 2	9A	Freeman Lo	B
Lane 3	10A	Alvin Ho	H
Lane 4	10A	Rex Wong	M
Lane 5	8B	Alex Ming	B
Lane 6	9E	Raphael Lam	T
Lane 7	9A	Ashton Yu	M
Lane 8			

Heat 2			
Lane 1			
Lane 2	9A	Terence Lau	H
Lane 3	9B	Cheston Das	M
Lane 4	8C	Hayson Wong	T
Lane 5	10A	Ryan Tsang	H
Lane 6	9E	Cayton Cheng	M
Lane 7	10C	Stitch Yu	B
Lane 8			

Heat 3			
Lane 1			
Lane 2			
Lane 3	9A	Adrian Chung	M
Lane 4	9D	Brandon Li	T
Lane 5	10D	Eddy Lam	B
Lane 6	9E	Ricker Chan	H
Lane 7	10D	Raphael Mak	M
Lane 8			

**Event 111 B Grade Girls: 200m (2 Heats)**

Heat 1			
Lane 1	9C	Jasmine Cheung	B
Lane 2	10D	Tammy Tse	H
Lane 3	9E	Ally Chung	T
Lane 4	10B	Corisa Tam	B
Lane 5	9A	Kaitlyn Chan	H
Lane 6	9E	Janette Ooi	M
Lane 7	9B	Giselle Chan	H
Lane 8	9A	Chloe Man	B

Heat 2			
Lane 1			
Lane 2	10A	Charlotte Fan	B
Lane 3	9A	Kate Ho	H
Lane 4	8E	Eunice So	T
Lane 5	9E	Vivian Cheung	B
Lane 6	10A	Cherub Lee	M
Lane 7	9C	Hannah Lee	H
Lane 8	9A	Sin Ming Wong	T

**Event 112 C Grade Boys: 200m (3 Heats)**

Heat 1			
Lane 1			
Lane 2	6B	Aiden Chan	H
Lane 3	7F	Leonidas Cheng	T
Lane 4	8A	Jasper Sit	B
Lane 5	6C	Eric Wang	M
Lane 6	6F	Rico So	T
Lane 7	8B	Avan Law	B
Lane 8			

Heat 2			
Lane 1			
Lane 2	7A	Winston Chui	H
Lane 3	6F	Edwin Fong	M
Lane 4	8A	Lewis Wong	B
Lane 5	8B	Jayden Chung	M
Lane 6	7A	Clayton Wong	B
Lane 7	8A	Alvis Law	T
Lane 8			

**Event 112 C Grade Boys: 200m (3 Heats) (To be continued)**

Heat 3			
Lane 1			
Lane 2			
Lane 3	8E	Hase Yeung	M
Lane 4	7A	Aaren Ng	B
Lane 5	6B	Manny Zhang	M
Lane 6	7B	Selwyn Lui	B
Lane 7	7F	Nicas Chow	T
Lane 8			

**Event 113 C Grade Girls: 200m (3 Heats)**

Heat 1			
Lane 1			
Lane 2	6B	Karina Ip	B
Lane 3	7A	Naomi Tsang	H
Lane 4	6F	Bernice Tsang	M
Lane 5	7B	Charlotte Liu	T
Lane 6	6D	Summer Chu	M
Lane 7	7F	Andria Tang	B
Lane 8	6B	Natalie Ng	T

Heat 2			
Lane 1			
Lane 2	6B	Hailey Cheng	M
Lane 3	8A	Angel Yao	T
Lane 4	6E	Celine Ho	B
Lane 5	7B	Sonia Ng	H
Lane 6	6D	Katniss Ip	T
Lane 7	7F	Charissa Wong	B
Lane 8	6A	Charlotte Lee	M

Heat 3			
Lane 1			
Lane 2	6C	Kaya Chu	B
Lane 3	6D	Janice Poon	H
Lane 4	7A	Lisa Zhang	T
Lane 5	6E	Hailey Wu	M
Lane 6	7E	Abby Wong	B
Lane 7	6A	Charlie Hung	T
Lane 8	7B	Mavis Tong	B

**Event 114 A Grade Boys: 100m (4 Heats)**

Heat 1			
Lane 1	12A	Cyrus Kong	H
Lane 2	12E	Ian Ko	B
Lane 3	11A	Ryan Tuen Muk	T
Lane 4	12C	Gabriel Cheng	M
Lane 5	11D	Royce Yip	H
Lane 6	11B	Leo Chan	M
Lane 7	12B	Marcus Wong	B
Lane 8	11C	Warren Yuen	H

Heat 2			
Lane 1	11C	Samuel Sze	B
Lane 2	10A	Alroy Tsang	T
Lane 3	12A	Kai Wang	H
Lane 4	12B	Donald Kwok	B
Lane 5	10C	Javon Wu	H
Lane 6	11D	Marcus Lee	T
Lane 7	12D	Chris Mak	M
Lane 8	11D	Alex Tam	H

Event 114 A Grade Boys: 100m (4 Heats) (To be continued)

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Heat 3			
Lane 1	11B	Nikila Kahangamage	T
Lane 2	10B	Ryan Lam	B
Lane 3	12A	Clement Tsang	H
Lane 4	11A	Alex Chan	B
Lane 5	11A	Isaac Ho	M
Lane 6	12B	Trevor Dao	T
Lane 7	11A	Lucas Ng	B
Lane 8	12E	Peter Nui	H

Heat 4			
Lane 1			
Lane 2	12C	Eden Ng	B
Lane 3	11C	Calum Wong	T
Lane 4	11B	Harry Chan	B
Lane 5	11D	Brendan Yeung	H
Lane 6	11C	Leo Ng	B
Lane 7	10B	Ian Shum	T
Lane 8	12B	Herman Pang	H

Event 115 A Grade Girls: 100m (4 Heats)

Heat 1			
Lane 1			
Lane 2	12D	Edna Choy	H
Lane 3	12E	Mariah Cheung	M
Lane 4	11D	Isa Tong	T
Lane 5	12B	Portia Au Yeung	B
Lane 6	11D	Sophia Lo	H
Lane 7	10B	Valentine Laurent	T
Lane 8	11D	Haruka Ito	B

Heat 2			
Lane 1			
Lane 2	11D	Kary Wong	H
Lane 3	12E	Javine Ng	T
Lane 4	11A	Bethany Chui	B
Lane 5	12A	Cheyenne So	H
Lane 6	12C	Ingrid Chan	B
Lane 7	11B	Scarlett Kong	H
Lane 8			

Heat 3			
Lane 1			
Lane 2	11B	Christy Chan	M
Lane 3	12C	Kylie Tsoi	B
Lane 4	12D	Valerie Ng	H
Lane 5	12D	Anson Lam YY	T
Lane 6	11A	Scarlet Hun	B
Lane 7	11D	Emily Cheung	H
Lane 8			

Heat 4			
Lane 1			
Lane 2	11C	Luna Wan	B
Lane 3	11D	Olivia Lau	H
Lane 4	11C	Vianne Chu	T
Lane 5	12A	Christy Lam	H
Lane 6	11D	Rachel So	T
Lane 7	11C	Jovy Sze	H
Lane 8			

Event 116 B Grade Boys: 100m (4 Heats)

Heat 1			
Lane 1	9D	Samson Lee	M
Lane 2	8C	Moris Hun	B
Lane 3	10B	Jeremy Wong	M
Lane 4	8A	Clarence Chan	T
Lane 5	8B	Gabriel Ho	B
Lane 6	9B	Wan Him Ho	M
Lane 7	10C	Matthew Wong	H
Lane 8	9C	Anson Chan	B

Heat 2			
Lane 1			
Lane 2	8C	Jayden Lee	M
Lane 3	9C	Matthew Lam	T
Lane 4	8A	Sherman Au	M
Lane 5	10B	Ethan Hung	H
Lane 6	8E	Moses Lau	M
Lane 7	9B	Hagan Chan	B
Lane 8	10B	Aston Chiu	M

Heat 3			
Lane 1			
Lane 2	9B	Carrick Wong	B
Lane 3	8C	Ric Tang	T
Lane 4	9C	Lincoln Lee	M
Lane 5	10C	Seraph Liu	H
Lane 6	9A	Ethan Wong	M
Lane 7	8D	Fabio Ho	B
Lane 8	10D	Marco Tsang	M

Heat 4			
Lane 1			
Lane 2	8B	Lucas Tang	H
Lane 3	10B	Marcus Fung	M
Lane 4	8A	Marc Ng	T
Lane 5	9A	Gavin Wu	M
Lane 6	10D	Aidan Hui	B
Lane 7	8C	Clayton Tang	M
Lane 8	9C	Matthew Wong	T

## Event 117 B Grade Girls: 100m (5 Heats)

Heat 1			
Lane 1	10D	Elly Chiew	T
Lane 2	10A	Emma Lam	B
Lane 3	10D	Sylvia Lee	H
Lane 4	9B	Hazel Leung	M
Lane 5	10C	Karis Wong	H
Lane 6	9E	Cheryl Chen	B
Lane 7	10D	Joyce Fu	M
Lane 8	9A	Rosaline Chong	T

Heat 2			
Lane 1	9C	Veronica Yu	H
Lane 2	10C	Hailey Chan	T
Lane 3	10B	Libby Shea	M
Lane 4	10D	Nicole Cheng	H
Lane 5	8A	Jasmine Chen	T
Lane 6	9D	Sian Chan	M
Lane 7	10C	Jamie Yau	B
Lane 8	9B	Tsz Wan Chloe Tai	T

Heat 3			
Lane 1	10C	Angel Lam	T
Lane 2	10D	Kimi Chung	B
Lane 3	9B	Natalie Chow	H
Lane 4	9D	Ayanna Chang	T
Lane 5	9B	Vangie Tse	M
Lane 6	9A	Scarlett Leung	T
Lane 7	9D	Chloe Wong	H
Lane 8	10C	Chloe Han	M

Heat 4			
Lane 1	10C	Lisawell Lim	T
Lane 2	9D	Felice Law	H
Lane 3	10B	Sunnie Ho	M
Lane 4	9B	Hillary Kwok	T
Lane 5	10C	Liane Poon	H
Lane 6	9D	Cheryl Chan	B
Lane 7	9B	Jaycee Lam	H
Lane 8	10D	Sophie Choi	M

Heat 5			
Lane 1			
Lane 2	9C	Ashley Chung	T
Lane 3	10D	Chloe Tang	M
Lane 4	10D	Alicia Ko	T
Lane 5	9E	Kara Wong	H
Lane 6	9B	Christine Sze	B
Lane 7	11C	Eugenia Ma	H
Lane 8	10A	Callie Tuen Muk	T



**Event 118 C Grade Boys: 100m (8 Heats)**

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Heat 1			
Lane 1	6B	Adrian Sun	H
Lane 2	8B	Austin Cham	M
Lane 3	7F	Tyrone Lee	T
Lane 4	6A	Tiga Ma	H
Lane 5	8C	Ethan Ho	B
Lane 6	7B	Lucas Wan	M
Lane 7	6B	Ian Lo	H
Lane 8	6D	Aidan Lam	T

Heat 3			
Lane 1			
Lane 2	6A	Carlton Yung	H
Lane 3	8D	Michael Chow	M
Lane 4	7B	Lennox Ho	T
Lane 5	6D	Nixon Shum	H
Lane 6	8C	Bosco Lam	B
Lane 7	6F	Nathan Ying	M
Lane 8	7E	Marcus Mak	H

Heat 5			
Lane 1			
Lane 2	6F	Jayden Soo	T
Lane 3	7B	Hayden Leung	H
Lane 4	7F	Adrian Liu	B
Lane 5	7A	Rexley Lau	M
Lane 6	6C	Hugo Koo	T
Lane 7	7B	Cayman Au	B
Lane 8	8B	Quentin Tam	H

Heat 7			
Lane 1			
Lane 2	6E	Owen Zhao	T
Lane 3	8C	Zika Lee	H
Lane 4	7A	Moses Chiu	B
Lane 5	7B	Clayton Chow	M
Lane 6	8B	Kevin Chan	B
Lane 7	7E	Nicolas Chan	H
Lane 8	6B	Hanson Chen	T

Heat 2			
Lane 1			
Lane 2	6A	Nathan Sit	M
Lane 3	7A	Jason Siu	H
Lane 4	6D	Leno So	T
Lane 5	7C	Faris Ko	M
Lane 6	6F	Harley Chan	B
Lane 7	8E	Joses Wong	T
Lane 8	6E	Ayden Wong	H

Heat 4			
Lane 1			
Lane 2	6B	Morgan Chiu	T
Lane 3	6F	Marcus Leung	H
Lane 4	7C	Marcus Wong	M
Lane 5	8B	Marcus Chan	H
Lane 6	7C	Sheldon Lui	B
Lane 7	6B	Jacob Chan	M
Lane 8	6D	Aiden Hui	H

Heat 6			
Lane 1			
Lane 2	8B	Julian Chang	H
Lane 3	6B	Anson Hung	B
Lane 4	7C	Alan Tse	T
Lane 5	6D	Kyros Lau	M
Lane 6	8C	Lucas Poon	B
Lane 7	7B	Jackson Leung	H
Lane 8	6A	William Xu	T

Heat 8			
Lane 1			
Lane 2	7B	Jonah Chu	H
Lane 3	6E	Gadston Das	M
Lane 4	7A	Isaac Chan	T
Lane 5	6A	Jason Yip	B
Lane 6	8C	Casper Cheng	H
Lane 7	7F	Andrew Cheng	B
Lane 8	8A	Sing Lau	M

**Event 119 C Grade Girls: 100m (11 Heats)**

Heat 1			
Lane 1	6A	Hasely Wong	B
Lane 2	8C	Jenna Leong	T
Lane 3	6F	Charlotte Ng	H
Lane 4	8C	Kirsten Fong	M
Lane 5	6E	Bithiah Fung	T
Lane 6	6C	Audrey Lau	M
Lane 7	7F	Nicole Hui	B
Lane 8	7D	Tania Cheng	H

Heat 2			
Lane 1	6A	Souleah Shiu	H
Lane 2	6D	Valerie Yu	M
Lane 3	6E	Victoria Wong	B
Lane 4	8D	Mavis Ho	M
Lane 5	6F	Katie Soong	T
Lane 6	7E	Leanna Tan	B
Lane 7	8C	Tania Lam	H
Lane 8	6B	Hilary Chong	T

Heat 3			
Lane 1	7D	Giselle Au	B
Lane 2	6B	Hayley Yu	H
Lane 3	6A	Mischa Lan	T
Lane 4	8B	Valerie Ng	M
Lane 5	6D	Carol Chen	B
Lane 6	7C	Miki Lui	T
Lane 7	6F	Bethany Lam	M
Lane 8	8D	Charlotte Chong	H

Heat 5			
Lane 1	6B	Clarice Wong	B
Lane 2	6F	Trixie Ng	M
Lane 3	6A	Claris Yim	T
Lane 4	6F	Cathy Chan	H
Lane 5	7C	Sheree Lau	B
Lane 6	7E	Andrea Mak	M
Lane 7	8A	Giovanna Siu	T
Lane 8	7C	Emily Lee	H

Heat 7			
Lane 1	6C	Lorraine Ng	M
Lane 2	8C	Charlotte Chan	B
Lane 3	6A	Chloe Mo	T
Lane 4	6E	Lauren Mak	H
Lane 5	6F	Sophie Chak	B
Lane 6	7D	Celine Choi	M
Lane 7	8E	Yenki Yan	T
Lane 8	6E	Sonia Chiu	B

Heat 9			
Lane 1			
Lane 2	6A	Tiffany Wong	M
Lane 3	7C	Chloe Wong	H
Lane 4	6D	Keira Yuen	B
Lane 5	6E	Anika Leung	M
Lane 6	8B	Karina Wong	T
Lane 7	6A	Trinette Mak	H
Lane 8	6B	Siena Lam	T

Heat 11			
Lane 1			
Lane 2	6E	Chloe Kwok	M
Lane 3	6A	Haydee Lau	H
Lane 4	6F	Cheryl Chan	T
Lane 5	7F	Keira Li	M
Lane 6	8B	Tasha Ngai	B
Lane 7	6D	Callie Ma	M
Lane 8	6E	Casey Yu	H

Heat 4			
Lane 1	8D	Caitlyn Soong	T
Lane 2	6E	Greta Hui	M
Lane 3	6F	Alice Fung	T
Lane 4	6A	Olivia Chan	B
Lane 5	6D	Samantha Chan	H
Lane 6	7F	Kaylie Lee	B
Lane 7	7C	Hailey Zhan	H
Lane 8	7E	Melanie Lo	M

Heat 6			
Lane 1	7A	Ginger Bent	B
Lane 2	6C	Yanny Li	H
Lane 3	6A	Kaylie Lai	M
Lane 4	8C	Bella Chan	T
Lane 5	6D	Phoebe Chang	B
Lane 6	8C	Katrina Lo	M
Lane 7	6F	Zita Hung	T
Lane 8	8D	Charming Siu	M

Heat 8			
Lane 1			
Lane 2	6B	Teanna Tse	H
Lane 3	7E	Renee Wee	B
Lane 4	6D	Constance Tang	M
Lane 5	6C	Claire Mak	T
Lane 6	7B	Cadence Leung	M
Lane 7	6A	Ariel Sze	B
Lane 8	6F	Bethanie Fung	M

Heat 10			
Lane 1			
Lane 2	6D	Cherry Lee	T
Lane 3	6B	Angela Liu	B
Lane 4	8B	Shannon Cheng	M
Lane 5	6C	Margiela Chan	H
Lane 6	7D	Megan So	T
Lane 7	6A	Jasmine Chow	M
Lane 8	8D	Jasmine Mak	H

**Event 120 A Grade Boys: 200m Final**

Final			
Lane 3	12B	Alex Chou	B
Lane 4	11D	Ziki Lee	H
Lane 5	11A	Marcus Hau	T
Lane 6	12B	Anson Lam	M

**Event 121 A Grade Girls: 200m Final****Event 122 B Grade Boys: 200m Final****Event 123 B Grade Girls: 200m Final****Event 124 C Grade Boys: 200m Final****Event 125 C Grade Girls: 200m Final****Event 126 A Grade Boys: 400m Final****Event 127 A Grade Girls: 400m Final**

Final			
Lane 1	11B	Miriam Ho	B
Lane 2	11B	Bernice Leung	M
Lane 3	11C	Cindy Wong	T
Lane 4	12B	Michelle Lee	H
Lane 5	11B	Isabella Ho	B
Lane 6	10D	Ina So	M
Lane 7	12D	Alicia Lin	B
Lane 8	11C	Chloe Leung	T

**Event 128 B Grade Boys: 400m Final****Event 129 B Grade Girls: 400m Final**

Final			
Lane 1			
Lane 2	08E	Honor Chow	H
Lane 3	09C	Vicky Ying	B
Lane 4	10C	Chelsea Chung	H
Lane 5	08B	Kiara Kao	M
Lane 6	09D	Angelina Chan	B
Lane 7	10D	Charisse Ma	H
Lane 8			

**Event 130 C Grade Boys: 400m Final****Event 131 C Grade Girls: 400m Final**

**Event 132 A Grade Boys: 800m Final**

Final			
Lane 1			
Lane 2	11C	Charlie Yang	M
Lane 3	11B	Ernest Chan	B
Lane 4	11B	Julius Ng	M
Lane 5	10D	Daniel Mo	T
Lane 6	11C	Bobby Lui	M
Lane 7	11B	Darren Cheung	B
Lane 8	11D	Saad Nadeem	H

**Event 133 A Grade Girls: 800m Final**

Final			
Lane 3	11D	Michelle Wong	M
Lane 4	11A	Angelina Chu	T
Lane 5	11B	Andrea Lau	H
Lane 6	11D	Aerin Lau	T

**Event 134 B Grade Boys: 800m Final**

Final			
Lane 1	09E	Bryan Li	T
Lane 2	09D	Karl Or	H
Lane 3	09C	Raphael So	T
Lane 4	08B	Owen Wong	B
Lane 5	09D	Jarvis Lau	T
Lane 6	09B	Mike Lau	M
Lane 7	10B	Daniel Cheung	H
Lane 8	9E	Carson Hung	T

**Event 135 B Grade Girls: 800m Final**

Final			
Lane 3	09A	Angel Young	M
Lane 4	09C	Venus Hung	T
Lane 5	09E	Carry Zheng	M
Lane 6	10D	Shannon Lau	B
Lane 7	9E	Kasandra Chu	H

**Event 136 C Grade Boys: 800m Final**

Final			
Lane 1			
Lane 2	6E	Nicholas Chan	T
Lane 3	9C	Teen Chow	H
Lane 4	7C	Kayden Lau	T
Lane 5	6C	Jayden Sit	B
Lane 6	7D	Morgan Wong	T
Lane 7	6B	Alton Au	B
Lane 8	8C	Aiden Yeung	H

**Event 137 C Grade Girls: 800m Final**

<b>Final</b>			
<b>1</b>	<b>7E</b>	<b>Shareen Ng</b>	<b>B</b>
<b>2</b>	<b>6D</b>	<b>Audrey Sun</b>	<b>T</b>
<b>3</b>	<b>8A</b>	<b>Cassy Chea</b>	<b>M</b>
<b>4</b>	<b>7D</b>	<b>Natalie Kee</b>	<b>H</b>
<b>5</b>	<b>7A</b>	<b>Joan Tso</b>	<b>T</b>
<b>6</b>	<b>6C</b>	<b>Ashley Yeung</b>	<b>M</b>
<b>7</b>	<b>6C</b>	<b>Abby So</b>	<b>B</b>
<b>8</b>	<b>7B</b>	<b>Janelle Li</b>	<b>T</b>
<b>9</b>	<b>7A</b>	<b>Tara Lai</b>	<b>B</b>
<b>10</b>	<b>6D</b>	<b>Charlotte Cheung</b>	<b>T</b>

**Event 138 A Grade Boys: 100m Final**

**Event 139 A Grade Girls: 100m Final**

**Event 140 B Grade Boys: 100m Final**

**Event 141 B Grade Girls: 100m Final**

**Event 142 C Grade Boys: 100m Final**

**Event 143 C Grade Girls: 100m Final**

**Event 201 A Grade Boys: Long Jump (Side A)**

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No.	Class	Name	
1	10B	Ian Shum	T
2	10D	Daniel Mo	T
3	11A	Ian Chan	B
4	11A	Gordon Tsang	M
5	11B	Josh Leung	T
6	11C	Bobby Lui	M
7	11C	Leo Ng	B
8	11C	Charlie Yang	M
9	11C	Marcus Yu	M
10	11D	Saad Nadeem	H
11	12A	Yat Fung Wong	B
12	12B	Ryan Lo	M
13	12C	Gabriel Cheng	M
14	12D	Ethan Tung	B
15	12E	Justin Yu	H

**Event 202 A Grade Girls: Long Jump (Side B)**

No.	Class	Name	
1	11A	Janet Cheng	H
2	11A	Bethany Chui	B
3	11B	Jeanie Chan	B
4	11B	Megan Cheung	B
5	11C	Chloe Li	B
6	11C	Jasmine Li	M
7	11D	Rachel So	T
8	11D	Valaree Ng	M
9	11D	Flora Xing	T
10	12B	Haidee Cheong	M
11	12C	Cleo Wong	T
12	12C	Goldgi Yan	M
13	12C	Leyan Yuen	B
14	12E	Alvina Ho	T
15	12E	Isabella Liu	T

**Event 203 B Grade Girls: Shot Put**

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No.	Class	Name	
1	10A	Agnes Hui	B
2	10A	Shane Leung	M
3	10A	Jasmine Sin	M
4	10A	Maya So	T
5	10A	Carrinna Tong	T
6	10A	Megan Wu	B
7	10B	Grace Chu	B
8	10B	Natalie Fu	H
9	10B	Grace Ho	M
10	10B	Cynthia Lu	B
11	10B	Flora Ng	T
12	10C	Hannah Cheung	T
13	10C	Heidi Kwok	B
14	10C	Eliza Yu	M
15	10D	Celine Lee	B
16	10D	Scarlett Lee	T
17	11A	Shelly Chan	M
18	8B	Sarah Ha	B
19	8B	Gisele Wong	T
20	8C	Jasmine CK Choy	H
21	8C	Beyza Ozkan	T
22	8C	Liesl Tse	T
23	8C	Arista Zhang	B
24	8D	Faye Leung	M
25	8D	Pinky Wong	M
26	8E	Honor Chow	H
27	8E	Vincy Chu	B
28	8E	Eunice So	T
29	9A	Kaitlyn Chan	H
30	9A	Rosaline Chong	T

No.	Class	Name	
31	9A	Kate Ho	H
32	9A	Katy Kok	H
33	9A	Yannes Lam	T
34	9A	Aliisa Lee	M
35	9A	Hayley Leung	B
36	9A	Claudia Loh	H
37	9A	Chloe Man	B
38	9A	Amber Ngai	T
39	9A	Sin Ming Wong	T
40	9B	Zoe Cheung	T
41	9B	Kaylie Ho	T
42	9B	Isabel Ko	B
43	9B	Tsz Wan Chloe Tai	T
44	9B	Fiona Tian	H
45	9C	Ella Lee	T
46	9C	Natalie Leung	B
47	9C	Charis Lo	B
48	9C	Hailey Wong	M
49	9C	Cherry Zhang	B
50	9D	Joyce Lee	M
51	9D	Valerie Leung	M
52	9D	Nicole Leung	B
53	9D	Andrea Tse	M
54	9D	Constance Wong	H
55	9E	Kylie Leung	B
56	9E	Caitlyn Lie-A-Cheong	M
57	9E	Hazal Ng	M
58	9E	Ronnie Wong	B
59	9E	Lydia Yau	B

**Event 204 C Grade Girls: High Jump**

No.	Class	Name	
1	6B	Siena Lam	T
2	6E	Casey Yu	H
3	6F	Gigi Lam	H
4	7A	Ashley Chan	T
5	7A	Venara Chim	M
6	7B	Charmaine Poon	M

No.	Class	Name	
7	7C	Adele Yu	H
8	7D	Megan So	T
9	7E	Courtney Lie-A-Cheong	M
10	7F	Keira Li	M
11	8A	Giovanna Siu	T
12	8C	Savannah Sun	H

No.	Class	Name	
1	6A	Hayley Poon	M
2	6A	Maggie Zhan	H
3	6B	Venice Chan	H
4	6B	Jacey Leung	H
5	6B	Terra Singh	M
6	6B	Teanna Tse	H
7	6B	Chantelle Wong	T
8	6B	Joycelyn Wu	T
9	6B	Yoyo Yang	M
10	6C	Sophia Chung	T
11	6C	Harmony Ng	T
12	6C	Hailey Siu	H
13	6C	Misa Tsang	B
14	6C	Madeline Tsang	H
15	6C	Ashley Yeung	M
16	6E	Ally Chan	H
17	6E	Audrey Chan	H
18	6E	Jillian Cheung	M
19	6E	Andrea Chin	M
20	6E	Natalie Hung	T
21	6E	Janie Kwok	H
22	6E	Anika Leung	M
23	6E	Bernyce Lui	B
24	6E	Victoria Wong	B
25	6E	Maya Wong	T
26	6F	Percy Lam	T
27	6F	Maison Lau	B
28	6F	Bernice Tsang	M
29	6F	Beryl Tse	H
30	7A	Annabelle Bi	H
31	7A	Casey Choi	B
32	7A	Scarlett Kwan	T
33	7A	Sophia Sio	T
34	7A	Lisa Zhang	T
35	7B	Adalynn Gan	B
36	7B	Claudia Ho	H
37	7B	Hailey Lee	H
38	7B	Trinity Wu	M
39	7C	Josette Chan	M
40	7C	Anette Chan	M

No.	Class	Name	
41	7C	Jolie Lai	M
42	7C	Emily Lee	H
43	7C	Miki Lui	T
44	7C	Jane Man	H
45	7C	Averie Yip	T
46	7D	Chelsea Chan	M
47	7D	Kelly Chen	B
48	7D	Tania Cheng	H
49	7D	Evelyn Cheung	H
50	7D	Chelsea Li	M
51	7E	Cody Hung	M
52	7E	Whitney Lam	B
53	7E	Claire Lee	B
54	7E	Cadi Lo	B
55	7E	Josephine So	H
56	7E	Fernanda Tsang	M
57	7E	Abby Wong	B
58	7F	Anna Chan	M
59	7F	Evelyn Chan	T
60	7F	Chloe Chan	H
61	7F	Michelle Chan	H
62	7F	Alena Chang	T
63	7F	Cathy Chui	H
64	7F	Bonuss Lam	H
65	7F	Audrey Lee	T
66	7F	Audrey Tam	M
67	7F	Andria Tang	B
68	7F	Charissa Wong	B
69	8A	Valerie Chan	B
70	8A	Christy Chan	H
71	8A	Anna Kwan	B
72	8A	Shanna Wong	B
73	8C	Megan Chan	M
74	8C	Sharon Li	H
75	8D	Charlese Fan	B
76	8D	Phoebe Lai	T
77	8D	Pennie Pannu	M
78	8D	Charming Siu	M
79	8E	Chloe Wong	T
80	8E	Diva Yip	H



**Event 206 A Grade Girls: Shot Put**

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No.	Class	Name	
1	10A	Joyan Au	H
2	10B	Danielle Lam	M
3	10B	Gina Wong	B
4	10C	Annette Lee	T
5	10D	Venus Yip	M
6	11A	Michelle Au	M
7	11A	Marvel Chung	B
8	11B	Shobi Chang	B
9	11B	Lyanna Cheng	M
10	11B	Isabella Ho	B
11	11B	Andrea Lau	H
12	11B	Faye Lau	M
13	11C	Jasmine Ng	M
14	11C	Chloe Lee	B
15	11C	Katie Luk	T
16	11D	Kary Wong	H
17	11D	Michelle Wong	M

No.	Class	Name	
18	11D	Lucia Lau	H
19	11D	Gianna Lee	B
20	12A	Bernice Chen	H
21	12A	Sylvie Ng	B
22	12B	Emily Wong	M
23	12B	Siena Tam	T
24	12C	Bernice Ma	H
25	12C	Ruby Chow	B
26	12C	Kylie Tsoi	B
27	12D	Claudia Cheuk	H
28	12D	Alicia Lin	B
29	12D	Yannes Yang	M
30	12E	Nicole Tsang	H
31	12E	Daisy Wong	H
32	12E	Erin Chung	B
33	12E	Trinity Lee	B

**Event 207 B Grade Boys: Long Jump (Side A)**

No.	Class	Name	
1	8C	Moris Hun	B
2	8C	Jayden Lee	M
3	8D	Brent Lu	T
4	9A	Nathan Cheng	T
5	9A	Kaden Lee	T
6	9A	Freeman Lo	B
7	9B	Sheldon Chan	T
8	9B	Wan Him Ho	M
9	9B	Marcus Sze	T
10	9B	Nathan Tsang	H
11	9B	Ian Yang	B

No.	Class	Name	
12	9C	Marcus Chee	M
13	9C	Chase Lau	M
14	9C	Matthew Wong	T
15	9D	Oscar Lee	M
16	9D	Kyle Lee	B
17	9D	Conwill Lui	M
18	9E	Mason Choi	H
19	9E	Michael Lam	B
20	9E	James Wong	H
21	10B	Ethan Hung	H
22	10C	Ryan Man	T

**Event 208 B Grade Girls: Long Jump (Side B)**

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No.	Class	Name	
1	8D	Alva Wong	M
2	9B	Giselle Chan	H
3	9B	Hannah Chen	T
4	9B	Rita Leung	H
5	9D	Kandace Lai	H
6	9D	Jay Wu	M
7	9E	Kara Wong	H
8	10A	Ally Chan	B
9	10C	Hailey Chan	T
10	10C	Bernice Tsang	H
11	10C	Jamie Yau	B
12	10D	Kimi Chung	B
13	10D	Alicia Ko	T
14	10D	Chloe Tang	M
15	10D	Mary Yuen	B

**Event 209 B Grade Boys: High Jump**

No.	Class	Name	
1	10C	Jasper Hong	M
2	10C	Stitch Yu	B
3	10D	Samuel Au	H
4	8A	Marco Da Silva	M
5	8D	Jaden Li	T
6	8D	Emmitt Tsang	M
7	8B	Owen Wong	B
8	9C	Brandon Lau	M
9	9C	Enoch Wong	H
10	9D	Heiden Chen	B
11	9D	Karl Or	H
12	9E	Max Ho	B

**Event 210 B Grade Girls: Discus**

No.	Class	Name	
1	9B	Natalie Chow	H
2	9C	Hannah Lee	H
3	9D	Sharlotte Leung	T
4	9E	Yanny Cheung	M
5	10A	Winnie Chan	T

No.	Class	Name	
6	10A	Charlotte Fan	B
7	10A	Clarissa Fung	T
8	10B	Jennifer Chan	H
9	10B	Dorcas Tsang	T
10	10C	Chelsea Chung	H

**Event 211 C Grade Girls: Shot Put**

No.	Class	Name	
1	6F	Zita Hung	T
2	7B	Venus Chan	B
3	7B	Natalie Hui	T
4	7B	Alissa Lee	B
5	7B	Charlotte Liu	T
6	7C	Clarice Lee	B
7	7C	Christie Leung	T
8	7C	Giselle Li	T
9	7C	Hailey Zhan	H
10	7D	Hayley Guan	T
11	7D	Doris Tan	B
12	7D	Ivana Tung	T
13	7F	Kate Wong	T
14	8A	Melinda Fung	M
15	8A	Joyce Lam	B
16	8A	Janice Tam	H

No.	Class	Name	
17	8A	Vianna Wee	B
18	8B	Karly Chan	M
19	8B	Ashley Cheung	M
20	8B	Haruka Hung	H
21	8B	Anne Liu	M
22	8B	Kaitlyn Ngai	M
23	8B	Anna Wong	B
24	8B	Karina Wong	T
25	8C	Charlotte Chan	B
26	8D	Starrie Wong	M
27	8E	Lauren Cheung	M
28	8E	Coral Dong	H
29	8E	Lily Ho	B
30	8E	Hannah Ng	T
31	8E	Scarlett Ng	B
32	8E	Adeline Wong	H

**Event 212 B Grade Boys: Shot Put**

No.	Class	Name	
1	8B	Jonathan Wong	H
2	8C	Ric Tang	T
3	8D	Steve Shen	M
4	8E	Leroy Tsang	T
5	9A	Kyros Ho	H
6	9A	Kaden Lau	H
7	9A	John Leung	H
8	9A	Jeremy Tung	T
9	9B	Preston Chang	M
10	9B	Elvin Lee	T

No.	Class	Name	
11	9B	Anson Shiu	H
12	9B	Sergio Yu	H
13	9C	Louie Chan	B
14	9C	Jayden Lau	H
15	9D	Cedric Hung	T
16	9D	Terry Wong	B
17	9E	Wesley Chiu	B
18	9E	Raphael Lam	T
19	9E	Michael Yung	B
20	10C	Jonathan She	B

Event 213 C Grade Girls: Long Jump (Side B)

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No.	Class	Name	
1	6A	Olivia Chan	B
2	6A	Antheia Ho	B
3	6A	Charlie Hung	T
4	6A	Trinette Mak	H
5	6A	Sammi Mak	B
6	6B	Aydria Lee	M
7	6B	Natalie Ng	T
8	6B	Hayley Yu	H
9	6D	Ula Hui	H
10	6D	Rosette Lau	M
11	6D	Ariel Shing	B
12	6E	Celine Ho	B
13	6E	Claire Liu	T
14	6F	Sophie Chak	B
15	6F	Lavinia Lee	T
16	6F	Ashley Wong	B
17	7A	Ginger Bent	B
18	7A	Cheryl Lee	B
19	7A	Hailey Lee	M
20	7A	Abby Lee	H
21	7A	Sophie Woo	H

No.	Class	Name	
22	7B	Venice Choi	H
23	7B	Denise Tsoi	T
24	7B	Selina Xu	T
25	7C	Alpha Chan	T
26	7C	Mia Chong	B
27	7C	Sheree Lau	B
28	7C	Chloe Wong	H
29	7D	Giselle Au	B
30	7D	Alice Chow	T
31	7D	Jennifer Ooi	M
32	7D	Marta Tse	T
33	7E	Vincy Lam	H
34	7E	Katrina Wong	H
35	7F	Nicole Hui	B
36	7F	Kaylie Lee	B
37	8A	Samantha Yao	H
38	8B	Shannon Cheng	M
39	8B	Jasmine Choy	B
40	8B	Tasha Ngai	B
41	8C	Katrina Lo	M

Event 214 C Grade Boys: Long Jump (Side A)

No.	Class	Name	
1	6A	Nathan Sit	M
2	6B	Jacob Chan	M
3	6B	Eros Chan	M
4	6C	Eric Wang	M
5	6D	Aiden Hui	H
6	6E	Jonathan Tam	H
7	6F	Daemien Kit	T
8	7A	Jason Siu	H
9	7B	Carson Cheung	M
10	7B	Jamie Ng	M
11	7C	Raphael Ho	H
12	7C	Kayden Lau	T
13	7D	Chelten Chan	M
14	7D	Adrian Chit	M
15	7D	Jonas Fung	B
16	7D	Wesley Tsang	H
17	7D	Morgan Wong	T
18	7E	Chace Chan	B

No.	Class	Name	
19	7E	Ryan Chic	H
20	7E	Lucas Mak	M
21	7F	Jasper Lau	T
22	7F	Tyrone Lee	T
23	8A	Sing Lau	M
24	8A	Adrian Lee	T
25	8A	Zachary Yeung	M
26	8A	Matt Yip	H
27	8B	Jayden Chung	M
28	8B	Zachary Lim	T
29	8C	Marcus Lam	B
30	8C	Jay Law	H
31	8C	Michael Wong	M
32	8D	Jamie Lau	T
33	8D	Ocean Tsoi	B
34	8E	Solar Lee	M
35	8E	Hase Yeung	M

**Event 215 C Grade Boys: High Jump**

No.	Class	Name	
1	7A	Taylor Ting	T
2	7A	Isaac Wong	H
3	7D	Jason Kwok	B
4	7D	Jeromy Tang	T
5	7E	Kaden Wong	H
6	7E	Lucas Wong	M
7	8A	Hogan Chau	H

**Event 216 C Grade Boys: Vortex**

No.	Class	Name	
1	6A	Malcolm Ho	B
2	6A	Paul Li	H
3	6A	Xavier Yau	B
4	6B	Alton Au	B
5	6B	Hanson Chen	T
6	6B	Morgan Chiu	T
7	6B	Anson Hung	B
8	6B	Ian Lo	H
9	6B	Adrian Sun	H
10	6C	Joshua Chan	H
11	6C	Hugo Koo	T
12	6C	Grant Lau	T
13	6C	Yanni Leung	B
14	6C	Issac Lo	M
15	6C	Ethan Mak	H
16	6C	Jayden Sit	B
17	6C	Bernard Yu	T
18	6D	Ziv Lam	M
19	6D	Jase Ng	B
20	6D	Ryan Xu	B
21	6D	Jenkin Yim	H
22	6E	Jayko Chan	M
23	6E	Anthony Chau	B
24	6E	Gadston Das	M
25	6E	Eugene Lee	M
26	6E	Ayden Wong	H
27	6E	Owen Zhao	T
28	6F	Harley Chan	B
29	6F	Edwin Fong	M
30	6F	Jacob Lam	H
31	6F	Alex Lee	B

No.	Class	Name	
32	6F	Marcus Leung	H
33	6F	Alvin Luk	M
34	6F	Rico So	T
35	6F	Jayden Soo	T
36	7A	Aidan Ko	B
37	7A	Nestor Leung	M
38	7A	Aarif Ng	B
39	7A	Clayton Wong	B
40	7B	David Hui	H
41	7B	Lucas Wan	M
42	7B	Moses Wong	B
43	7C	Eden Chan	H
44	7C	Tony Hui	H
45	7C	Darren Kan	B
46	7C	Faris Ko	M
47	7C	Caleb Lo	M
48	7C	Alan Tse	T
49	7C	Marcus Wong	T
50	7C	Jack Wong	B
51	7D	Enoch Chong	T
52	7D	Alvin Lee	T
53	7D	Aron Leung	M
54	7D	Zachary Shusterman	B
55	7D	Linus Tse	T
56	7E	Arvin Koo	M
57	7E	Adrian Man	T
58	7E	Max Shea	M
59	7E	Damon Tam	H
60	7E	Albert Tang	M
61	7F	Adrian Cheung	H
62	7F	Will Chin	H

**Event 216 C Grade Boys: Vortex (To be continued)**

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No.	Class	Name	
63	7F	Ryan Kwan	M
64	7F	Kevin Liao	B
65	7F	Joshua Wong	T
66	7F	Paco Wong	T
67	7F	Aiden Wu	M
68	8A	Jadon Ho	B
69	8A	John Wong	T
70	8A	Ray Zhan	H
71	8A	Anthony Zheng	B
72	8B	Julian Chang	H
73	8C	Jeremy Kwan	T

No.	Class	Name	
74	8C	Lucas Poon	B
75	8D	Jayden Cheung	M
76	8D	Jaden Chow	M
77	8D	Marius Chu	B
78	8D	Brad Ng	B
79	8D	Elliot Yeung	T
80	8E	Anson Chan	H
81	8E	Thomas Chen	M
82	8E	Lucas Lam	H
83	8E	Gabriel Ng	T
84	8E	Jaden Wong	T

**Event 217 C Grade Boys: Shot Put**

No.	Class	Name	
1	6A	Kiefer So	M
2	6A	Angus Wong	T
3	6A	Jason Yip	B
4	6B	Aiden Chan	H
5	6C	Darius Shiu	H
6	6D	Hugo Cheung	B
7	6F	Nathan Ying	M
8	7A	George Lam	T

No.	Class	Name	
9	7A	Sebastian Wong	H
10	7F	Leonidas Cheng	T
11	8A	Lewis Wong	B
12	8B	Cyrus Ho	H
13	8B	Julius Mephram	T
14	8C	Jayden Kwong	M
15	8C	Aiden Yeung	H
16	8D	Kino Chiu	M

**Event 218 B Grade Boys: Discus**

No.	Class	Name	
1	9A	Bryan Ng	B
2	9C	Oscar Fong	H
3	9D	Paul Chau	B
4	9D	Jovian Tang	T
5	9D	Oscar Wong	B
6	9E	Castle Ma	H
7	9E	Jonathan Yam	B

No.	Class	Name	
8	10B	Samuel Kwan	T
9	10C	Cyrus Au-Yeung	B
10	10C	Sean Lau	B
11	10C	Louis Lee	T
12	10C	Hiken Yiu	M
13	10D	Matthew Wong	H

**Event 219 B Grade Girls: High Jump**

No.	Class	Name	
1	10A	Cherub Lee	M
2	10B	Sunnie Ho	M
3	10D	Tammy Tse	H

**Event 220 A Grade Girls: High Jump**

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No.	Class	Name	
1	10D	Ina So	M
2	11A	Carena Chan	B
3	11C	Cindy Wong	T
4	12A	Keely Ho	B
5	12B	Michelle Lee	H
6	12B	Karis Tse	M

**Event 221 A Grade Boys: Shot Put**

No.	Class	Name	
1	10B	Matt Chan	B
2	10B	Ryan Lam	B
3	10B	Oscar Bert Lee	M
4	10B	Michael Tsang	B
5	11A	James Cowling	B
6	11B	Seton Chan	T
7	11C	Heron Chan	T
8	11C	Marcus Poon	M

No.	Class	Name	
9	11C	Jeffery Tung	T
10	11D	Bob Shen	H
11	11D	Ryan Yeung	T
12	12B	Alex Chou	B
13	12C	Tristan Tang	B
14	12D	Evan Lee	H
15	12E	Peter Nui	H

**Event 222 A Grade Boys: Discus**

No.	Class	Name	
1	9D	Oscar Lau	H
2	11A	Alex Chan	B
3	11B	Julius Ng	M

**Event 223 A Grade Girls: Discus**

No.	Class	Name	
1	10A	Bernice Lee	M
2	10A	Ankie Tang	T
3	10C	Alisa Leung	M
4	11A	Gabrielle Hui	B
5	11A	Scarlet Hun	B
6	11A	Natalie Wong	T
7	11A	Skylar Wong	H
8	11B	Miriam Ho	B
9	11B	Nanami Honda	H
10	11B	Rachel Kwan	H

No.	Class	Name	
11	11C	Melissa Lee	H
12	11C	Jovy Sze	H
13	11C	Hannah Chan	H
14	11C	Hailey Ip	T
15	11D	Hayley Siu	B
16	11D	Ellie Lau	T
17	12A	Julie Dai	T
18	12C	Charis Cheung	H
19	12D	Mirthy Tsang	T
20	12E	Sophie Chau	T

**Event 224 A Grade Boys: High Jump**

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No.	Class	Name	
1	10A	Alroy Tsang	T
2	11A	Ivan Kwok	B
3	11A	Owen To	M
4	11A	Ian Tse	M
5	11B	Timothy Chan	H
6	11B	Kenny Fong	H
7	12A	Enes Ozkan	T
8	12A	Daniel Au	H
9	12B	Donald Kwok	B

No.	Class	Name	
10	12C	Tim Lam	H
11	12C	Bosco Liang	T
12	12D	Hilton Chan	T
13	12D	Oscar Schmitt	B
14	12D	Nathan Kan	B
15	12E	Gordon Chiu	T
16	12E	Christian Lau	H
17	12E	Ryan Yeung	H



**Event 144 A Grade Boys: 4 x 100m Inter-House Relay**

<b>Lane 3</b>	Beethoven Team
<b>Lane 4</b>	Tchaikovsky Team
<b>Lane 5</b>	Mozart Team
<b>Lane 6</b>	Handel Team

**Event 145 A Grade Girls: 4 x 100m Inter-House Relay**

<b>Lane 3</b>	Tchaikovsky Team
<b>Lane 4</b>	Handel Team
<b>Lane 5</b>	Mozart Team
<b>Lane 6</b>	Beethoven Team

**Event 146 B Grade Boys: 4 x 100m Inter-House Relay**

<b>Lane 3</b>	Handel Team
<b>Lane 4</b>	Tchaikovsky Team
<b>Lane 5</b>	Mozart Team
<b>Lane 6</b>	Beethoven Team

**Event 147 B Grade Girls: 4 x 100m Inter-House Relay**

<b>Lane 3</b>	Mozart Team
<b>Lane 4</b>	Beethoven Team
<b>Lane 5</b>	Tchaikovsky Team
<b>Lane 6</b>	Handel Team

**Event 148 C Grade Boys: 4 x 100m Inter-House Relay**

<b>Lane 3</b>	Mozart Team
<b>Lane 4</b>	Beethoven Team
<b>Lane 5</b>	Handel Team
<b>Lane 6</b>	Tchaikovsky Team

**Event 149 C Grade Girls: 4 x 100m Inter-House Relay**

<b>Lane 3</b>	Handel Team
<b>Lane 4</b>	Beethoven Team
<b>Lane 5</b>	Tchaikovsky Team
<b>Lane 6</b>	Mozart Team

**Event 150 Parent-Teacher-Student House Relay**

<b>Lane 3</b>	Mozart Team
<b>Lane 4</b>	Handel Team
<b>Lane 5</b>	Beethoven Team
<b>Lane 6</b>	Tchaikovsky Team

**Event 151 Invitation Relay**

<b>1</b>	ECF Saint Too Canaan College
<b>2</b>	Nam Wah Catholic Secondary School
<b>3</b>	Po Leung Kuk Vicwood K.T. Chong Sixth Form College
<b>4</b>	Wai Kiu College
<b>5</b>	Po Leung Kuk Choi Kai Yau School